



We Mind & Kelly Matters

Job Description

Bank Counsellor / Therapist
As and when required.

Jan 2023

"Together we aim to save lives."

Registered Charity No. 1182625



Job Description

Job Title	Bank Counselling
Salary	From £25.00 per hour
Hours	As required, flexible hours evening, weekends may be required
Base	Home working, Lone Working – visiting client's homes and /or online/ telephone

About Us

We Mind & Kelly Matters is a Charity born from devastation. Survivor led. Passionate about increasing awareness around mental health, suicide, and support. We educate throughout our extensive range of training courses, highlighting the importance of appropriate language, reducing stigma, identifying risk factors, and the prevalence of mental health and suicide in our communities. We raise awareness through our social media channels, our recognized expertise and highly regarded professionalism within business, education, and Charity sectors.

We Mind, We Care, We support, and we are here when help is needed.

The lived experiences through the Charity mean that we understand, really understand, and our work knows no boundaries. We support adults and young people who experience suicide ideation, mental health challenges, and those sadly bereaved by suicide. We offer free access to emotional support, counselling, and a range of postvention supports, groups and courses. We also have evening online support so anyone in need can connect to a trained professional for immediate support.

Mental Health Support

Our charity aims to support anyone who is unable to access counselling through other avenues. Our counselling is free, and without any awaiting time, sessions are reviewed on a regular basis but do not adhere to a 6-week time limited offer. We see clients with a range of mental health issues including but not limited to anxiety, depression, suicidal ideation, and relationship difficulties. We are happy to work alongside secondary care and offer a collaborative approach where appropriate. We work with adults and young people, offering both face: face and online counselling. Sessions take place in an environment agreed between counsellor/client.

Support after Suicide Bereavement

In 2019, there were 71 recorded suicides in our county. We know through research that around 135 people are impacted by each and every suicide. With around 30 individuals most severely affected, that's around 2,130 to 9,585 people in our homes, social circles, work environments and communities who are affected by the devastation suicide brings.

Bereavement by suicide is complex, traumatic, and utterly devastating. It can become particularly difficult to process, complex and very different, leaving loved ones traumatised, and grieving for a long time. We know that the stigma around suicide is a barrier, and how difficult seeking help feels. We offer free therapy and a range of support from both our charitable funds and through funding received to support anyone bereaved by support.

Join our team!

We are looking to expand our current team of bank counsellors. This is a bank role working on an "as and when required" basis. The nature of Bank work is such that the hours of work, and number of clients will be at the Charity's discretion and will depend on the number of referrals. We Mind & Kelly Matters does not guarantee to provide any minimum amount of work in any given week or month of the year. Bank staff also have the right to decline any hours offered.

Our main counselling work is providing one to one counselling and psychotherapy services for a range of mental health issues and bereavement grief work, after suicide. We Mind & Kelly Matters works hard to maintain a "no waiting list" policy. Clients referred wait no longer than 7-10 days to be allocated a counsellor and begin therapy. Support is free to all clients, following a clinical assessment. Sessions are open ended and are reviewed on an individual basis.

The service offers both face: face and online counselling, bank counsellors must be prepared to offer support in a setting agreed directly with the client, whether this is a client's home, or a bank workers counselling base.

Applicants should meet the following criteria:

- Diploma/Degree in Psychotherapy/Counselling and BACP/UKCP or similar registration
- Minimum of 2 years' experience post qualification
- Experience of direct and online counselling work using Zoom/Teams or telephone work
- To be flexible and adaptable, willing to respond quickly to organisational requests and client's therapeutic needs in a changeable environment.
- Experience of working with clients bereaved by suicide, mental health, and complex grief.
- To contribute to regular management and clinical reviews of clients with clinical lead
- To maintain records of the client attendance and provide progress overview.
- To complete safety/crisis plans if appropriate and adhere to WM&KM safeguarding policies
- To contribute positively to internal peer support supervision
- To ensure professional and ethical practice is adhered to.
- To be fully insured, have supervision in place and provide DBS and other relevant details.

If you would like to discuss the position, please call/text on 07720 231660.

If shortlisted, candidates will be required to attend an online interview. Please provide a CV and covering letter to sherry.adams@wemindandkellymatters.org.uk

We Mind & Kelly Matters

We Mind, We Care, You always matter



wemindandkellymatters.org.uk



07720 231660



info@wemindandkellymatters.org.uk



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